

# Chapters' Annual Report 2022-23

Josefina Lagunzad, MD, FPCCP

President

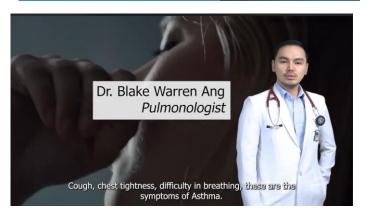
# The Lung Experts

### **Annual Report**

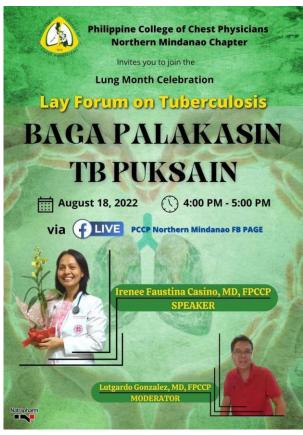
2022 saw our chapter of 39 members come together with renewed strength and sense of purpose as we navigated our way to the new normal. Our first general assembly meeting was held via zoom on April 23, 2022 where we laid out our strategic plan for the year.

PCCP NM was the first to roll out the chapterinitiated CME for the fiscal year. It was held via Zoom on June 18, 2022 with the topic: UHC: What's in store for Pulmonologists. Our resource speaker was our president no less, Dr. Imelda Mateo.





In celebration of the Lung Month, we embarked on a series of activities starting off with a Video on The Real Faces of Asthma on August 10,2022. It earned praises from colleagues and patients alike for being informative and educational. On August 18,2022, we conducted a lay forum on Tuberculosis via Facebook Live entitled: Baga Palakasin, TB Puksain featuring Dr. Irene Casino as our speaker. To date, it has garnered 1,400 views and 65 shares. Another lay forum entitled: Smoking and Vaping: Put it out before it puts you down was also held via FB live on Sept. 8, 2022 speakers Dr. Arnel Yaoyao and with Kenneth Jay-R Alberca . It also earned positive reviews among 1,500 viewers. Dr. Yaoyao also went on air for the topic on Smoking thru Bombo Radyo Butuan on August 21,2022.



Josefina Lagunzad, MD, FPCCP

President



## **Annual Report**



Finally, after a 3 year hiatus we conducted 5<sup>th</sup> the Post Graduate Course on November 11-12.2022 at the Grand Caprice Restaurant and Convention Center. Entitled Top Gun:Top Pulmonary Diseases, Gaining Understanding and New Insights, we featured very interesting topics and notable speakers like Drs. Annette David, Lalaine Mortera, Joel Santiaguel, Malbar Ferrer. Ronald Panaligan as well as our local speakers. Attended by more than 200 participants, it was credited 9 CME units by PRC and 12 units by PMA.





Josefina Lagunzad, MD, FPCCP

President



# **Annual Report**



Entitled Top Gun:Top Pulmonary Diseases, Gaining Understanding and New Insights



Dr. Peter Ivan Gamolo

Josefina Lagunzad, MD, FPCCP

President

# CHEST PHYSICIAL THE Lung Experts

# **Annual Report**



On the eve of Nov. 12, 2022, we held our Christmas Party at the same venue since it was an opportune time to gather most of us coming from geographically distant areas. Members came in garbed in our Havana-themed attire. Since there have been many additions to the chapter, our host Marbe Depayso asked each member to say something about himself/herself. This was followed by a few parlor games, singing and dancing. It was truly a night filled with fun, laughter and revelation.



Josefina Lagunzad, MD, FPCCP

President

# The Lung Experts

# **Annual Report**



Dr. Fe Cabrera and Dr. Philip Limsi during the chapter's annual Christmas party.

The chapter also prides itself for our social consciousness. Early in the year, we sent financial aid to PCP Eastern Visayas which got struck by typhoon *Agaton* and later, to PCP Panay after typhoon *Paeng*. We also had our share of calamity last year when Ozamis and Oroquieta cities suffered massive floodings on the eve of Christmas. Through our Vice president Romeo Singidas, we gave relief packs to affected families in the towns of Tudela and Jimenez in Ozamis. We also facilitated the help extended by PCCP Head Office to Oroquieta City.

2022 was indeed an eventful year for PCCP NM. We have weathered many challenges posed by the pandemic, circumstances and nature. With the guidance and help of our mother PCCP, we believe can achieve more in the coming years.

Juliet L. Macahilas, MD, FPCCP

President

Aklan – Antique – Capiz



**Annual Report** 



For the year 2022, our chapter (Northwest Panay) being the youngest in the group, maintained its status of having 15 members coming from the provinces of Aklan, Antique and Capiz.

Our 2022 chapter activities patterned with that of the mother chapter which include CME activities and advocacies. These activities were conducted either face to face or virtually, in collaboration with the local medical societies and PCP Capiz –Aklan Chapter.

The different lung month activities were celebrated by conducting lectures via television and different radio stations.

Juliet L. Macahilas, MD, FPCCP President Aklan

Aklan - Antique - Capiz

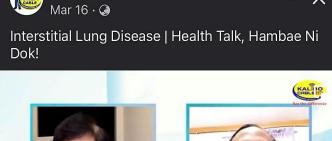


# **Annual Report**

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World TB Day Speaker: **Dr. Juliet Macahilas**Moderator: **Dr. Felma Dela Cruz**March 2022 via Kalibo Cable aired twice a month



Kalibo Cable TV Netw... · Follow

Interstitial Lung Disease Speaker: **Dr. Glenford Refre** Moderator: **Dr. Felma Dela Cruz**February 2022 via Kalibo Cable aired twice a month



DR. FELMA R. DELA CRUZ









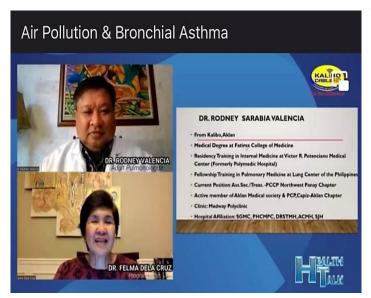
HIV lecture in relation to TB, Guest lecturer: **Department of Health** Panay Health Care MPC Hospital, March 2022

Juliet L. Macahilas, MD, FPCCP President

Aklan – Antique – Capiz



## **Annual Report**



Air Pollution & Bronchial Asthma, Speaker: **Dr. Rodney Valencia** Moderator: **Dr. Felma Dela Cruz** 

June 2022 via Kalibo Cable aired twice a month



GLENFORD R. REFRE, MD, MMHoA, FPCP, FPCCP, FCCP, FAPSR









Smoking or Vaping?, Speaker: **Dr. Glenford Refre** June 11, 2022 via Bombo Radyo Kalibo



Bronchial Asthma, Speaker: **Dr. Jocelyn Mosquete** July 10, 2022 via Bombo Radyo Roxas



Smoking and Vaping; Its harmful effects, to be aired on July 6 & 9 via Kalibo Cable., Speaker: **Dr. Juliet Macahilas** Moderator: **Dr. Felma Dela Cruz** July 2022

Beyond Bronchodilation: Impact of Reducing Lung Hyperinflation on Cardiac Function and Health Status of COPD Patients

Speaker: **Dr. Patrick Gerard Moral** 

May 28, 2022

Juliet L. Macahilas, MD, FPCCP
President

Aklan –

Aklan – Antique – Capiz



# **Annual Report**



Walk with a Doc in Antique August 20, 2022



Challenges in Managing Difficult to Treat Asthma: Role of Biologics.

Speaker: Dr. Ivan Villespin

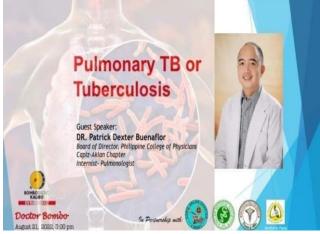
Omalizumab Patient Experience: Case Presentation

Speaker: Dr. Rollin Tabuena

March 28, 2022



Speaker: **Dr. Glenford Refre**August 21, 2022 via DYRU Super Radyo



Tuberculosis Speaker: **Dr. Patrick Buenaflor** August 21, 2022 via Bombo Radyo Kalibo



Bronchial Asthma/ Vaping & Smoking Speaker: **Dr. Juliet Macahilas** August 28, 2022 via Bombo Radyo Kalibo

Juliet L. Macahilas, MD, FPCCP President Aklan

Aklan – Antique – Capiz



# **Annual Report**



Health Risks of Underwater Diving: Prevention & Treatment, with invited speakers from the academe and LGU personnels. August 27, 2022

In May 2022, our chapter conducted medical outreach for Typhoon Agaton victims, doing consultation and giving relief goods in Barangay Bago, Roxas City and Sigma, Capiz.

Medical Outreach for Typhoon Agaton Victims in Bago, Roxas City (May 2022)



First Chapter Meeting for the year 2022. Succeeding meetings were done through our chapter group chat.



Juliet L. Macahilas, MD, FPCCP

President

Aklan – Antique – Capiz



**Annual Report** 



Sigma Medical Mission (May 22, 2022)

Again in October 2022, Western Visayas particularly Aklan, Antique and Capiz, were badly hit by Typhoon Paeng, making Antique an isolated province. Our chapter worked together with the different medical societies in delivering relief goods to the different affected areas.



With PCP Capiz-Aklan Chapter at the Kalibo Municipal Hall with some of Typhoon Paeng victims



With Antique Medical Societies at Patnongon, Antique

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President

Aklan – Antique – Capiz



# **Annual Report**



With Antique Medical Societies at Patnongon, Antique

For this year, instead of tree planting, we collaborated with PCP Capiz-Aklan Chapter in performing Coral Transplantation Activity in Tangalan, Aklan in cooperation with the Municipal Environment and Natural Resource Officers (MENRO).



Coral Transplantation Activity in Tangalan, Aklan



Coral Transplantation Activity in Tangalan, Aklan

Juliet L. Macahilas, MD, FPCCP
President

Aklan – Ant

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# **Annual Report**

On December 18, 2022, the Northwest Panay Chapter, together with PCP Capiz-Aklan Chapter did a simultaneous gift giving in Barangay Barra, Roxas City and to the beneficiaries of Stimulation Therapeutic Activity Center (STAC) in Kalibo, Aklan.



Gift-giving at Stimulation Therapeutic Activity Center (STAC) in Kalibo, Aklan

Juliet L. Macahilas, MD, FPCCP
President

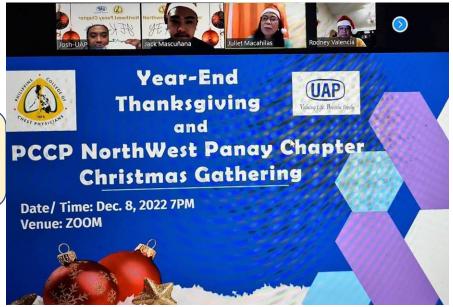
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**Annual Report** 

We had our Year-End Thanksgiving and Christmas Gathering virtually on December 8, 2022 with UAP as our generous sponsor.





Year-End Thanksgiving and Christmas Gathering

Bea Agpaoa-Briones, MD, FPCCP President

Annual Report



This year, I will be turning over my position as the President of the PCCP Northeast Luzon chapter. Despite the challenges that we have faced, I am pleased to say that we have not just survived — we have thrived. And I want to thank and salute my chapter members for their support and managed to ride out the storm with me.

In January and March 2022, Dr. Michelle Dayag, one of the only 2 pulmonologists in the province of Nueva Vizcaya, had clinical mentoring on Asthma, COPD, pulmonary function test reading and how to use the different inhaler devices. In February 2022, Cagayan Valley Medical Center in Tuguegarao city, Cagayan, opened the first Smoking Cessation Clinic for the entire Region 2, headed by Dr Delaila Pamittan-Reyes. Last March 24, 2022, we celebrated the World TB day in the provinces of Isabela and Cagayan, simultaneously. We made a TikTok video for the World Asthma day in May 2022 and was posted in other social media platforms. Also in May 2022, Dr. Rhoderick lan Reyes talked about "Quitting Smoking and Staying Smoke-free" in a local radio station which was also aired in local TV channels and YouTube channel. Dr. Rheinald Biscarro shared his Asthma and Covid Journey during the Lung Month celebration in August 2022. I had a fare-share of lecturing TB for the National TB day in the same month. Tree planting is an ordinary activity for us in the region since most of us are farmers. November 2022 was a busy month for the celebration of World Pneumonia day, World COPD day and Lung cancer awareness month. We have enjoyed doing TikTok videos for these celebrations. We participated with the "Denim Fridays" for Lung cancer awareness month and did lectures as well. Before the holiday season started, the chapter reminded everyone to stay healthy. We had a CME virtual activity with Dr. Rodolfo Dizon Jr. as guest speaker, moderated by Dr. Raissa Joyce Guarin, about Obesity Hypoventilation Syndrome. Lastly, after almost 3 years of not seeing each other, we had our face to face Christmas party which we really enjoyed tremendously.



Clinical mentoring on PFT and use of inhaler devices by Dr.Michelle Dayag, Nueva Vizcaya





Clinical mentoring lecture on Asthma and COPD by Dr. Michelle Dayag, Nueva Vizcaya



First Smoking Cessation Clinic in Region 2



World TB day 2022 in Isabela & Cagayan provinces

Bea Agpaoa-Briones, MD, FPCCP

President

# **Annual Report**









Local radio station discussion on Smoking

Asthma and COPD journey of Dr. Rheinald Biscarro

Tree planting activity of the members, anywhere, anytime



Using social media platforms for PCCP NEL's advocacies

CME virtual activity for the year 2022



Sending
you
peace, love
and joy
this holiday
season





Lung cancer awareness month lecture by Dr. Raissa Joyce Guarin and Dr. Jayson Daguioag.



From your PUIMONARY doctors

#### **ILOILO CHAPTER, 2022-23**

Suset Gargalicana, MD, FPCCP

President

# The Lung Experts

#### **Annual Report**

# **PCCP-** Iloilo Chapter Activities March 2022 to January 2023

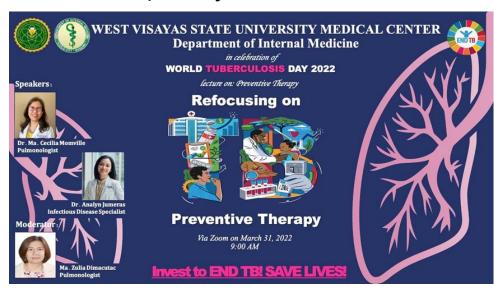
The following were the chapter activities of the TB Committee headed by Dr. Ma. Cecilia P. Momville:

March 2022: The chapter commemorated World TB DAY with DOH Reg 6 National TB Program with Dr Malbar G. Ferrer as the Keynote Speaker. TB Preventive Treatment was identified by the DOH-NTP Reg 6 as one of their weakest programs, thus PCCP-lloilo Chapter collaborated with PSMID-WV Chapter and PPS in strengthening its implementation.

March 2022: Institutional Lecture/Didactics by Chapter Members to the different training Institutions and Private Hospitals on TPT were conducted.

**Sept- Oct 2022** – The chapter in collaboration with DOH Reg 6 and PSMID/PPS, conducted a series of Face-to-face Case based Discussion/Mini workshop for DOTS Facilities Regionwide entitled "Strengthening of TPT Implementation in Western Visayas". The last act was Oct 19, 2022 in Kalibo.

In celebration of Lung Month, the chapter made a video presentation regarding asthma by Dr. Jonas Ortigas, Dr. Rhea Ann Gavino and Dr. Jewel Quiñon.





June 28, 2022: The chapter conducted an online conference in collaboration with PHILCAT on "Updates on Adult TB 2021 CPG" w/ Dr Lalaine Mortera as one of the speakers and supported PHILCAT in its activity on the "Engagement of Non NTP HealthCare Providers in Mandatory TB Notification"



#### **ILOILO CHAPTER, 2022-23**

Suset Gargalicana, MD, FPCCP

President

# **Annual Report**





An Infographics in celebration of World Sepsis Day was created on September 13, 2022 headed by Dr. Jonas Ortigas. The following were the CME activities of the chapter for the year 2022 which were well attended by its members:

With PCCP Northwest Panay Chapter - a Scientific Lecture entitled "BEYOND BRONCHODILATION: Impact of Reducing Lung Hyperinflation on Cardiac Function and Health Status of COPD Patients" last 28 May 2022 with Dr. Patrick Moral as speaker.

#### With GSK:

- 30 June 2022 "NARROWING THE GAP: Proactive Regular Dosing in Moderate Asthma" with Dr Tomasito Sy as speaker.
- b. 01 September 2022 "Updates in Asthma: Why's and How's of Proactive Control" with Dr Malbar Ferrer and Dr Tomas Realiza as speakers.
- c. 29 November 2022 "Minding the GAP: Clinical Application of Modeling Studies in Asthma" with Dr Edwin Villasanta as speaker.

During the 65<sup>th</sup> National Medicine Week Celebration, the chapter joined the Iloilo Medical Society in a Mangrove Planting activity last 18 September 2022, at the Leganes Integrated Katunggan Ecopark.







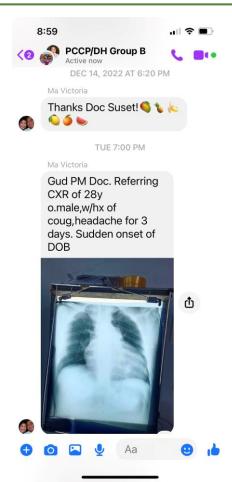
#### **ILOILO CHAPTER, 2022-23**

Suset Gargalicana, MD, FPCCP

President

# **Annual Report**





Last September 2020, the Chapter organized messenger chat groups with the medical officers of the district hospitals in the lloilo province to help in the diagnosis and interpretation of Chest X-ray films of their patients admitted at the ER for faster triaging, management, and referral to level 2-3 hospitals. This is still ongoing at present.



An Inhaler workshop was conducted by the ACCP PD for the medical residents last October 8, 2022 at the Diversion 21 Hotel.



The Chapter also met with the PCCP board last October 22, 2022 virtually.



The Chapter was able to celebrate Christmas last December 03, 2022 face to face for the first time since the pandemic started.

Ma. Jennifer Apurillo-Baldillo, MD, FPCCP President



**Annual Report** 



Embracing the challenge to host PCCP Midyear convention and holding it fully in-person was a mammoth of a task, but nevertheless, was accepted graciously by the PCCP Northwest Luzon Chapter. It was a rigorous time to brainstorm and hold meetings as we were hindered by the geographic locations as well as the pandemic so that most of our meetings were done virtually. Despite these logistical challenges we still pushed forward!

The PCCP 22<sup>nd</sup> Midyear convention was held last September 22-24, 2022 at the CAP Convention Center, Camp John Hay Baguio City with the theme BEAT IT 2022 (**B**est Practices and **E**merging **A**dvances in **T**horacic Health). This was attended by 642 members and participants from all over the country.

The event jumpstarted with a postgraduate course on Nutrition and Interventional Pulmonology boasting 106 participants which exceeded expected number of attendees. This was followed by a two-day convention proper which was packed with relevant and up to date topics with three international speakers namely Professor Dave Singh of United Kingdom, Professor David Castillo of Spain and Dr. Annette David-Rubio of USA.

The first day of convention started with the opening ceremonies graced by the PCCP Officers headed by our President, Dr. Imelda Mateo followed by the opening of exhibits where 41 booth exhibitors joined. This was followed by interesting lectures from our acclaimed speakers. The highlight of the day was the signing of the Memorandum of Agreement between PCCP and DOH on the Advocacy on Lung Health thru DOH OIC Dr. Maria Rosario Vergeire. Fellowship night ensued with a night of camaraderie, singing and dancing with local bands, enjoying food and booze in the company of friends and colleagues. Capping off this gathering, the generosity of Dr. Tomas Realiza was exemplified with the awarding of his personalized paintings to the accredited training institution.

An Interhospital debate on the "Role of Antifibrotic Therapy in Post-COVID 19 Pulmonary Fibrosis" officially commenced the second day of the convention. The team composed by University of Santo Tomas, St. Luke's Medical Center and Chinese General Hospital and Medical Center was awarded first place. This was followed by lectures from our esteemed speakers in a hybrid format and ended with the business meeting.

Overall, the PCCP Midyear Convention was a successful and fun-filled event! We extend our gratitude to all who attended and made this a success! PCCP indeed **BEAT IT**!

Ma. Jennifer Apurillo-Baldillo, MD, FPCCP President



**Annual Report** 

# B.E.A.T. IT! Photo Dump



Dr. Imelda Mateo, PCCP President, and Dr Jennifer Wi, Overall Chair of the Midyear Convention, formally opened the Exhibits



The organizers together with the PCCP Board and Past Presidents enjoyed and extend gratitude to our Midyear Sponsors



Q&A with Dr Tomas Realiza and Prof. Dave Singh



Dr. Maria Rosario S. Vergeire, DOH-OIC, graced the Midyear Convention for the MOA of PCCP and DOH on the Advocacy for Lung Health



Dr. Rontgene Solante, delivering his talk or Antibacterial considerations in HAP/VAP management



Dr. Annette David-Rubio enthusiastically answers queries virtually from the audience thru our moderator, Dr Edward Gaerlan

Ma. Jennifer Apurillo-Baldillo, MD, FPCCP President



**Annual Report** 

# B.E.A.T. IT! Photo Dump







FUN- filled fellowship night with dancing, singing, drinking, picture taking to remember the night when we all LET LOOSE ©



The Men and Women of PCCP Northwest Luzon Chapter looking dapper and sophisticated in their Filipinianas

Ma. Jennifer Apurillo-Baldillo, MD, FPCCP President



**Annual Report** 

# B.E.A.T. IT! Photo Dump



The organizers, PCCP Board and Secretariat took a souvenir photo before the Program started



The PCCP Board led by our president, Dr. Imelda Mateo



Paying homage to our beloved country and our Society at the commencement of the Midyear Convention



MOA signing with Dr Vergeire and Dr Mateo in the presence of the Board and Past Presidents of PCCP



Ma. Jennifer Apurillo-Baldillo, MD, FPCCP President



**Annual Report** 

# B.E.A.T. IT! Photo Dump



Picture picture ala "Familia Estrella"



Oh, but formal pictures are not US at all! Wacky nlang!

Behind the scenes...No amount of work is too hard if we all do it together and help one another



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Ma. Jennifer Apurillo-Baldillo, MD, FPCCP President



**Annual Report** 

# B.E.A.T. IT! Photo Dump

No amount of work is too hard if we all do it together and help one another @



Snaps of the Post-graduate Lectures on Nutrition and Interventional Pulmonology



Lakan Florenio U. Beratio II, MD, FPCCP President

# The Lung Experts

# **Annual Report**

Year 2022 was faced again with the surge of Covid 19 Pandemic (first quarter of 2022). Despite these difficulties, the Chapter's activities still materialized, headed by the present Board of Directors in cooperation with the 120 members. The STC family has been growing continuously and the members have been actively participating in all its projects, thereby helping the Chapter sustain its mission in our society.



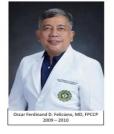
The Chapter has been blessed also with very supportive past

presidents and advisers.



Philippine College of Chest Physicians Southern Tagalog Chapter Presidents













Advisers









It has been a very productive year for STC with various CME activities, advocacy projects, membership engagement projects, assemblies and culminated with our yearly Christmas Party.

Lakan Florenio U. Beratio II, MD, FPCCP President



### **Annual Report**

Our strategic planning was held last February 2022. The output was presented to our members during the General Assembly via hybrid platform which was held in Escala Hotel, Tagaytay.





Our CME Activities for 2022 were again headed by Dr. Lemuel A. Lee which included the following:

Case Sharing Conference. This was a conference that discussed the not so common cases or difficult cases that the members encountered in their area of practice. For this year, the topics were Persistent Infiltrates: Review on the Evaluation and Management of Pulmonary Malignancy by our very own Dr. May Sabando, MD, FPCCP, FPSMO as the guest speaker and Catamenial Pneumothorax by Dr. Nelson Bambalan, MD, a Thoracovascular Surgeon as the speaker.

Lakan Florenio U. Beratio II, MD, FPCCP President



# **Annual Report**

Pharma Initiated CME Activities. We had numerous engagements with Pharmaceutical companies to keep the members well updated on the latest guidelines.

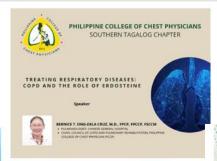


CME ACTIVITIES – Pharma Initiated Lemuel A. Lee, MD, FPCCP Chair



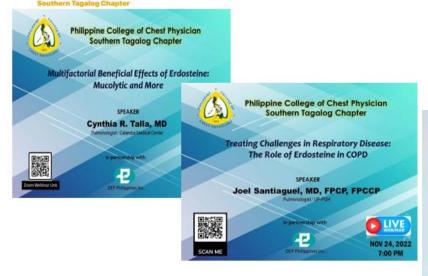
title: "Reducing the Burden of Asthma: An Outcome Strategy using GINA- based Standard of Care" Speaker: Doctor Cynthia Talla July 22, 2022











A Scientific symposium, in collaboration with the ENT Specialists of Southern Tagalog Chapter was held last June 2022 via virtual platform entitled "UNITED AIRWAY: The ENT – PULMONOLOGY Connection. Dr. Marietto Partosa, Jr., Dr. Ren Cartago – Luceno and Dr. Mary Joy Ordanza were the representatives of the Chapter as speakers.

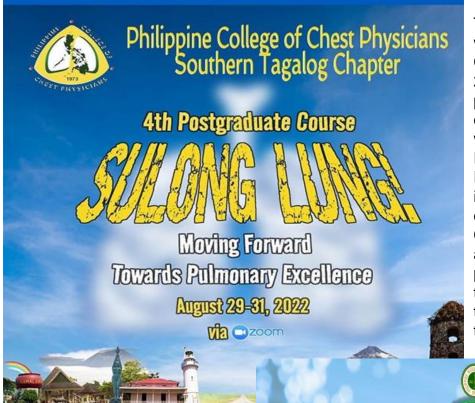




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**Annual Report** 



The 4th Postgraduate course was the main highlight of the CME activities for the year 2022. It utilized a virtual platform which was attended by different specialties. The theme was Sulong Lung: Moving Forward Towards Pulmonary Excellence. The course included topics that were not discussed during the time of Covid 19 pandemic. Since we are almost near the end of the pandemic situation, we decided to look back again to the topics that took the backseat due to the world crisis.

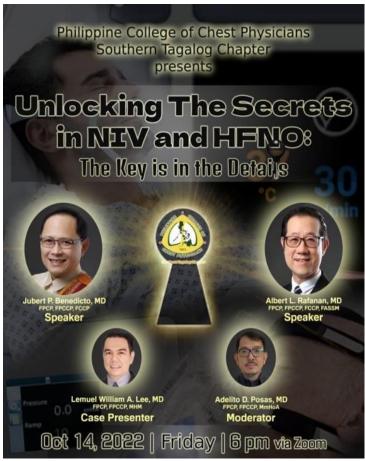
The Chapter also participated in the Multispecialty Symposium on Preoperative Management of High Risk Adult Patients for Laparoscopic Surgery. This symposium was a collaboration among Internists, Surgeons, Anesthesiologists and Pulmonologists of the Southern Tagalog Chapter. Dr Adelito D. Posas was the representative of STC. He discussed the pre operative evaluation of patients who had Covid 19 infection.



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### **Annual Report**



The Chapter Initiated CME activity spearheaded by the PCCP Main was held last October 2022 with the guest speakers Dr. Jubert P. Benedicto and Dr. Albert L. Rafanan. Discussions were centered on Unlocking the Secrets of Non Invasive Ventilation and High Flow Oxygen Nasal Cannula.

# NON CME Activities for Members: Sip and Goh July 2022





### **NON CME Activities for Members:**

Diamond Painting March 2022











Activities were also conducted for the members headed by Dr. Raylyn C. Fajilan. We had the sessions on Diamond Painting and the Sip and Goh as our Non CME activities and the Chest Ultrasound workshop.

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ULTRASOUND

## **Annual Report**



# **CME Activity for Members:**

Chest Ultrasound Workshop August 2022









The Chapter had a lot of Advocacy campaigns with the help of the Liaison officers headed by Dr. Adelito D. Posas.

The Bicol group initiated the advocacy project with the celebration of the World TB Day last March. The theme was Invest to End TB: Save Lives. Seventeen Pulmonologists from the Bicol Region headed by Dr. Ester Jean Dy, representing the Southern Tagalog Chapter of the PCCP in cooperation with the Department of Health conducted the said activity. They did a mass screening for Pulmonary Tuberculosis by bringing and conducting imaging studies in far flung areas of the region. Simultaneous activity for the World TB Day was also held in Batangas headed by Dr.Babyleen Macaraig. Lay forum was conducted in the area.



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# **Annual Report**

World TB Day in Naga City, organized by Dr. Esther Jean Dy















Lay forum for the World Asthma Day was conducted in Quezon province by Dr. Rhea Jusi- Castelo.

# World Asthma Day ( Quezon ) Dr Rhea Jusi - Castelo





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# **Annual Report**

Advocacy
Projects for 2022:
World No Tobacco
Day ( Bicol )







The Chapter also participated in the in the World No Tobacco Day as the Bicol group presented the Tiktok Challenge: **OPLAN SIBAK:** Banta sa Kapaligaran. The video aimed to help spread awareness on the harmful effects of smoking.

Different projects were held simultaneously in the different areas of Southern Tagalog during the August Lung Month.

Advocacy Projects for 2022: August Lung Month

Asthma (Bicol)





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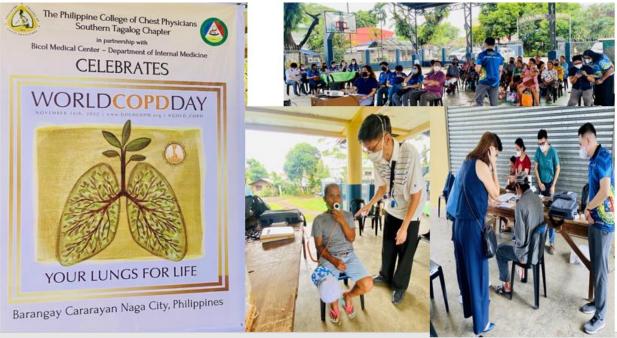


# **Annual Report**

# Advocacy Projects for 2022: August Lung Month N95 Masks Donation (Batangas) Dr Babyleen Macaraig







Two simultaneous advocacy activities were conducted during the World COPD Day by the Bicol group, one in Cararayan Naga city and in the Bicol Regional Hospital and Medical center, Legaspi city. In Naga city, spirometry was conducted among identified current and ex- smokers, as well as some of their spouses, and among those exposed to biomass fuel in the rural area. Lectures about COPD, its definition, symptomatology, diagnosis, different pharmacologic and non- pharmacologic treatment, Pulmo Rehab exercises, nutrition were conducted to the lay group. The chapter also made a video as part of the COPD Awareness program which was disseminated through social media.

Lakan Florenio U. Beratio II, MD, FPCCP President



## **Annual Report**

Rounding up the activities of the chapter for 2022 was the Year End Assembly which was held in Taal Vista Hotel last December. The summary of activities done for 2022 as well as the upcoming activities for 2023 were presented by the current President, Dr. Lakan Florenio U. Beratio II. This was followed by the Christmas Party of the Chapter which was graced by the PCCP Main representatives Dr Jude Guiang, Dr. Albert Albay, PCCP Secretariat Joan, Andrea and Sherwin. Dr. John Clifford Aranas and Dr. Melissa Lim-Bagay were also present and actively participated in the games and even shared their singing prowess.





#### **SOUTHERN TAGALOG CHAPTER, 2022-23**

Lakan Florenio U. Beratio II, MD, FPCCP President



## **Annual Report**



Indeed, it had been a very fruitful 2022 for the Chapter and we are looking forward to a brighter year 2023.

"PCCP STC is for Members only. But once you join, membership can last for eternity. Moreover, you gain a Family."

Isser N. Sugay, MD, FPCCP President



## **Annual Report**

#### NEW SET OF OFFICERS PCCP CL 2022-2023

PRESIDENT ISSER N SUGAY
VICE PRESIDENT CYNTHIA BUHAIN
SECRETARY RELLY ANN FACTOR
TREASURER EDGARDO TIGLAO JR

#### PROVINCIAL REPRESENTATIVES

BATAAN CLOUDINE TUMULAK
BULACAN MARY ANN SANTOS-CRUZ
NUEVA ECIJA ALLEN ZAGALA
PAMPANGA ESPERANZA MARIE SONGCO
ZAMBALES ANA JENICA LUCIO-DE LEON
ADVOCACY FOR CME RAYNE YANG NAGAÑO

## AUGUST 2022-LUNG MONTH COUGH AND OTHER RESPIRATORY ILLNESSES



LOCAL TELEVISION GUESTING TO DISCUSS COMMON REEPIRATORY ILLNESSES AS WE KICK OFF

NATIONAL LUNG MONTH

#### SEPTEMBER 2022 – ASTHMA AND COPD



A LAY FORUM WAS CONDUCTED AT BREN Z GUIAO CONVENTION CENTER, PAMPANGA TO HIGHLIGHT THE EFFECTS AND RISKS AND MANAGEMENT OF ASTHMA AND COPD



Isser N. Sugay, MD, FPCCP President



## **Annual Report**

## OCTOBER /NOVEMBER 2022- TUBERCULOSIS



LAY FORUM REGARDING TUBERCULOSIS AND TREATMENT CONDUCTED AT STA CRUZ, ZAMBALES



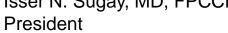
LAY FORUM REGARDING TUBERCULOSIS AND TREATMENT AT KINGSBOROUGH CONVENTION CENTER, PAMPANGA

#### **DECEMBER 2022- UPDATES ON COVID SITUATION**



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Isser N. Sugay, MD, FPCCP





## **Annual Report**

## JANUARY 2023-SPIROMETRY FOR COPD AND ASTHMA



PROGRAM FOR ASTHMA, WITH FREE SPIROMETRY IN SAN FERNANDO, PAMPANGA



#### CHEST RADIOGRAPH AND ABG INTERPRETATION



**ICU ROUNDS** 





Isser N. Sugay, MD, FPCCP President



## **Annual Report**

### **BASICS OF MECHANICAL VENTILATION**



**THORACENTESIS** 





Isser N. Sugay, MD, FPCCP President



**Annual Report** 





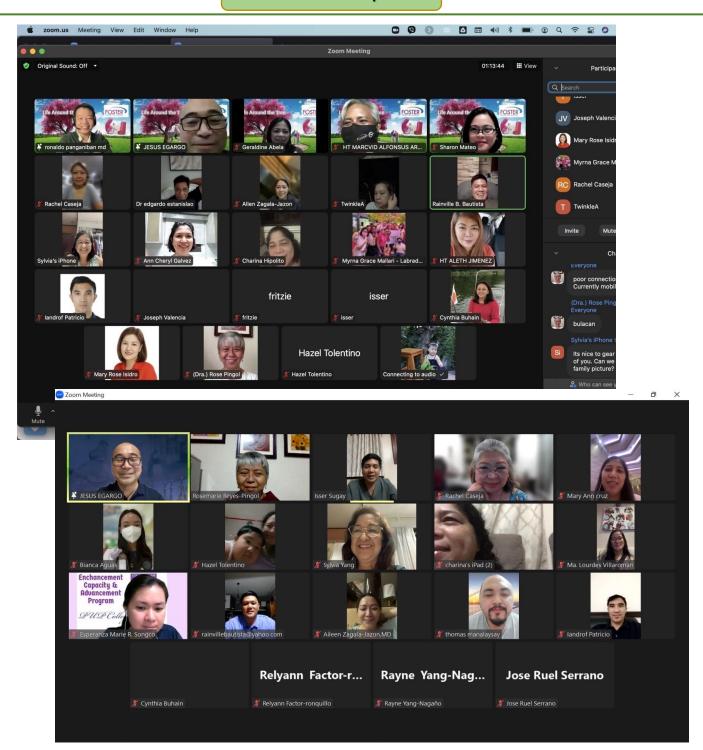
PCCP Central Luzon kicked off activities for National Lung Month by discussing Cough and Other Respiratory Illnesses on local television channel. Starting August of 2023, in cooperation with local governments, different lay fora were conducted by different pulmonologists on various provinces discussing COPD, Asthma, Tuberculosis and Covid Pandemic. Free Spirometry was also conducted and COPD and Asthma were also discussed among patients. In line with the PCCP's and the chapter's aims and goals, constant lectures and various common procedures by pulmonologists were made for various training institutions around Central Luzon. Interpreting chest radiographs and arterial blood gases, principles of mechanical ventilation and chest ultrasonography and techniques of thoracentesis were among the topics discussed. The Central Luzon Chapter has twelve new members who graduated fellowship and passed the PCCP Specialty Board Certifying Examinations. Online and face-to-face meetings among the members for updates, lectures and to check the welfare of the member were made from time to time.



Isser N. Sugay, MD, FPCCP President



## **Annual Report**



#### NEW MEMBERS OF PCCP CENTRAL LUZON

DR. JEANNETTE AVENA-OLONGAPO DR. ALVIN JOHN ALMARIO- BULACAN

DR. THOMAS MANALAYSAY- BULACAN

DR. RALPH JAYSON UDUANDO- BULACAN

DR. KRIZELLE ACIBAL- BULACAN DR. ANGELINE PARAZO- PAMPANGA DR. RICHARD VILLALUNA- PAMPANGA

DR. KAREN BISPO-PAMPANGA

DR. POCHOLO GUADALUPE- PAMPANGA

DR BIANCA AGUAS- PAMPANGA

DR NOEL GOMEZ- PAMPANGA
DR. KRISTINE IVETTE JUICO-DUNGO- PAMPANGA

May Grace Miravalles-Atis, MD, FPCCP

President

## **Annual Report**



PCCP - NEGROS CHAPTER NEW SET OF OFFICERS 2022-2023

PRESIDENT: MAY GRACE MIRAVALLES-ATIS

VICE PRESIDENT: RONEL G. SARIO

SECRETARY: SHERRY GAIL MANALO-JALORO

TREASURER: MARIELLA MACRINA ARANETA-

**CUNADA** 

**BOARD MEMBERS:** 

ANN GRACE ENANO

MICHELLE JANE BUARON-QUISUMBING

ADVOCACY COMMITTEE REPRESENTATIVE:

RONEL G. SARIO

RHEA JOY TABUJARA



#### **JANUARY 2022**

December 16-17, 2021 - Negros was badly hit by typhoon Odette. PCCP extended help to areas/cities/municipalities that were severely affected by giving purified drinking water, rice, food packs, hygiene kits, clothes, footwear, blankets, solar lamps and medical supplies.





May Grace Miravalles-Atis, MD, FPCCP

President

### **Annual Report**



**MARCH 2022** 

WORLD TB DAY
TB AWARENESS ADVOCACY

The PCCP – Negros Chapter in collaboration with PSMID Western Visayas Chapter, PCP Negros Chapter, and Phil. Pediatric Society Negros Chapter had a series of TB awareness lay fora among the different radio stations in Bacolod City.



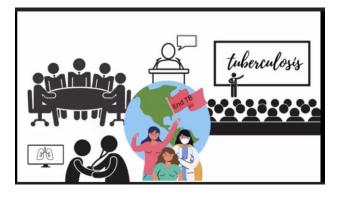












The PCCP – Negros Chapter in collaboration with PSMID WV Chapter, PCP Negros Chapter, and PPS Negros Chapter also created a short video infomercial on TB awareness; using contents from the PCCP TB council informatics that was posted and shared on social media platforms.

May Grace Miravalles-Atis, MD, FPCCP

President

## **Annual Report**



#### **APRIL 2022**

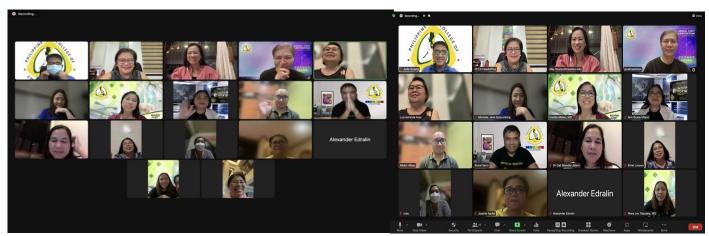


COVID BOOSTER VACCINATION ADVOCACY through BOMBO Radio



First face-to-face chapter meeting

#### **JUNE 2022**



PCCP Negros Virtual Board-on-the-road Meeting with PCCP Nationals (June 11, 2022)



TOPIC: SMOKING CESSATION INCLUDING VAPE AND E-CIGARETTES



May Grace Miravalles-Atis, MD, FPCCP

President

## **Annual Report**





SMOKING CESSATION, TB AWARENESS AND COPD LAY FORA/ADVOCACY through the local radio stations in Bacolod City

#### AUGUST 2022 - LUNG MONTH

- Dissemination of the PCCP TB council infographic to some of the LGU's and CHO's
- Equipping the interns and residents with other relevant lung diseases



May Grace Miravalles-Atis, MD, FPCCP

President

## **Annual Report**



#### SEPTEMBER 2022



#### **NOVEMBER 2022**



**COPD** updates



PCCP booth at APSR Convention 2022 in Seoul, Korea

May Grace Miravalles-Atis, MD, FPCCP

President

## **Annual Report**



#### **NOVEMBER 2022**





#### **DECEMBER 2022**



Lay forum on "NO PLASTIC WASTE" with ON THE SPOT poster making contest PCCP Negros Chapter collaborated the PCP Negros Chapter in the Green Event (Day of Rising), I.M. Doctor for the Earth, and Tug-an (A Promise for Less Plastic Waste) programs

May Grace Miravalles-Atis, MD, FPCCP

President

## **Annual Report**





#### FEBRUARY 2023



Pleural Diseases

Review on Chest physical examination and chest radiographs with the post-graduate interns and IM residents

May Grace Miravalles-Atis, MD, FPCCP President

### **Annual Report**



The PCCP Negros Chapter was established in 2008 and has gradually grown into 26 members including our 2 new fellows, with an incoming 1 more member.

Amidst the pandemic, the start of the year 2022 was very challenging for Negros as we were badly hit by typhoon Odette. The PCCP Negros Chapter helped the areas/cities that were severely affected (Cauayan, Candoni, Kabankalan, Sipalay) by giving purified drinking water, rice, food packs, hygiene kits, clothes, footwear, blankets, solar lamps and medical supplies. We also allocated funds through organizations like Negros Volunteer for Change (NVC), PCP Healtag, Chamber Volunteer Fire Brigade, and Trinity Christian School that aided the affected areas. We would also like to extend our gratitude to the PCCP Nationals and Southern Tagalog Chapter for your donations.

In March 2022, we celebrated the World TB Day and launched our TB awareness advocacy by having a series of TB lectures for the lay on various local radio stations (Bombo, Brigada, Aksyon Radyo) in collaboration with PSMID, PCP, and PPS Negros chapters. A TB video infomercial was also created based on the PCCP TB council infographics and was posted and shared on social media.

In April 2022, we pushed our advocacy on COVID booster vaccination through the radio (Bombo) as the booster rate in Negros was only 17%.

In June 2022, we joined the "NO TOBACCO MONTH" and kicked off our SMOKING CESSATION Advocacy by giving lectures on the III-effects of cigarette smoking and VAPE, as well as the benefits of smoking cessation on the radio (Radyo Negrense and TMBC Radio). TB and COPD were also included in the topic.

In August 2022, we observed the LUNG MONTH by disseminating the PCCP TB council infographics among some of the local government units and city health offices.

Last September 25, 2022; we had our first face-to-face chapter reunion and family day. It was fun, refreshing and unwinding. It sure boosted our mental health.

In November 2022, Dr. Ronel Sario gave an actual lecture on COPD updates to colleagues. The chapter also joined the "Demin Fridays" to celebrate the Lung Cancer Awareness month.

Our chapter was also actively participating in equipping our interns, residents, and other colleagues with the knowledge and skills in the field Pulmonary Medicine.

In December 2022, being also advocates of our environment; the PCCP Negros chapter collaborated with PCP Negros in the Green Event, I.M. Doctor for the Earth, and Tug-an (A Promise for Less Plastic Waste) programs with a lay lecture on "NO PLASTIC WASTE" along with on-the-spot poster making contest. The year was concluded with the bang as we celebrated a fun-filled and memorable Christmas party looking back to the year that was with a grateful heart for God's love, grace, mercy, provision and divine protection.

Ma. Bernardita Sarcauga-Chua, MD, FPCCP

President

## Annual Report





As we gently eased into a world that is gradually recovering form the ravages of COVID-19, we the members of the Central Visayas chapter (PCCP-CV) reconnected last May 2022 in a virtual general assembly. Various concerns of the members were discuss & plans were made for our advocacies, social contribution, continuing educations and physical get-together the soonest possible time. We worked closely with the local government in promoting COVID-19 vaccination. In May 2022, we also conducted 3 Brief Tobacco Intervention caravans in the 3 big hospitals of Cebu City namely CHH, PSH, & CDUH in coordination with the DOH-VII.

Halfway into 2022. The members with their families drove to the golden sands & clear blue waters of DaanBantayan for a much needed break. We made use of this time to have our team building and annual meeting. Having recharged ourselves, we tackled the BAGA/PCCP post-graduate course in 11-13 August 2022 where we had close to 600 participants. We also hosted the nth Quiz Bowl participated by the various IM training institutions from Cebu, Bohol & Dumaguete last August 11, 2022.

Recognizing that we are still along way from controlling the spread of TB in our country. The chapter in collaboration with the DOH hosted the National TB Day Lay Forum via Facebook Live on August 19, 2022. The chapter also did a tree planting activity with the PCP-CV in Adlaon, a mountain barangay in Cebu City. We ended the year with a 2nd place win in the Hallyu-inspired Christmas party hosted by PCP-CV in Casino

Español

Gebu.

Ma. Bernardita Sarcauga-Chua, MD, FPCCP

President

**Annual Report** 











DOH Public Health Service Team Director IV

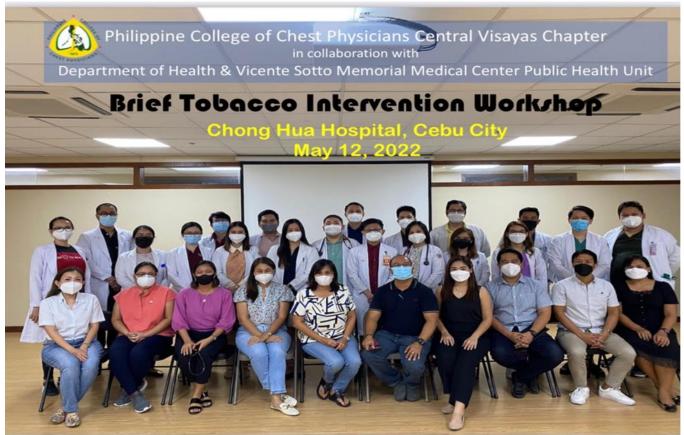
President of the PCCP 2022

Ma. Bernardita Sarcauga-Chua, MD, FPCCP

President



## **Annual Report**





RELAPSE

Ma. Bernardita Sarcauga-Chua, MD, FPCCP

President

## **Annual Report**





PCCP-CV Christmas Party, Dec 2022



#### SOUTHERN MINDANAO CHAPTER, 2022-23

Ma. Theresa Homez-Bernardo, MD, FPCCP

President

## The Lung Experts **Annual Report**

#### MADAYAW!

Philippine College of Chest Physicians - Southern Mindanao Chapter is to date, 57 member - strong! Young blood has poured onto this part of the country to take wholistic care of our patients, but most especially their lung health.

This year, as in the previous, we have aligned our activities with that of the national leaderships' advocacies.

In June 7, 2022, we organized our chapter into various committees so members of each (committee) can plan one or two activities that the whole chapter membership can work on. These committees are: 1. Continuing Medical Education Committee, tasked to spearhead the chapter initiated activity we can share with our colleagues throughout the country, 2. Membership, tasked to complete the roster of members, 3. TB Advocacy, 4. COPD and Committee on Smoking or Health, 5. Asthma, 6. Lung Malignancy and 7. Pulmonary Rehabilitation.

Our first activity was to work with the Davao City health Office and we organized a zoom meeting with all physicians in Davao City (general internists/family medicine specialists) involved in Hospital /Stand alone clinics with TB DOTS facilities. The aims of this collaboration were: 1. Strengthen our partnership with all stakeholders in the TB DOTS program of Davao City 2. Disseminate updates in our manual of procedures in TB diagnostics and management and 3. To improve the compliance on the Mandatory TB Notification of TB by the private sector.

The Asthma Committee of the chapter spearheaded the making of a video on : A patient's asthma journey. This was submitted to the national Asthma council.

committee COPD and **Smoking** Health The on or has started collating infomercials/learning video clips from members which we hope to use in reviving our Facebook page. We will upload these clips and short learning videos on lung health for our viewers to learn from. This committee also spearheaded a digital poster making contest among senior high school students in the cities where a member of our chapter resided. We had a total of 22 entries and these entries came as far as Zamboanga City. We awarded 3 major prizes and consolation prizes to all who submitted an entry. For next year we will extend the invitation on this digital contest to the whole Region XI and the Socksargen region.

Our monthly zoom meetings are done each last Tuesday of the month. Either a 30 minute pharmaceutical sponsored lecture or a 15 minute product presentation precedes such meeting. CME topics included topics on Asthma, COPD and Pneumonia. Speakers were usually also members of the chapter.

#### **SOUTHERN MINDANAO CHAPTER, 2022-23**

Ma. Theresa Homez-Bernardo, MD, FPCCP

President

# The Lung Experts

## **Annual Report**

The group was also able to hold a team building activity/strategic planning last October 22, 2022 at Pearl Farm Resort in Samal. Yearend plans were ironed out and these included our chapter sponsored CME activity (Lecture on High Altitude Pulmonary edema), our plans to visit a home for the aged/abandoned and the destitute and the groups' holiday gathering. Initial discussion on the 2023 plans were also made.

We hope to have the same vigor and dynamism to serve the community , our organization and our chapter in any way we can. We will continue to harness each one's talents and dedication to make our chapter plans, aligned with the national advocacies, fruitful. We move on to next year, 2023 , with more enthusiasm as it will be our  $25^{th}$  year from induction as a chapter of the PCCP. With the guidance of our national president and her board, and the dynamism of our members, I am certain we will be able to realize our mission and vision .

